

March 2, 2014 - March 8, 2014

March 2014							April 2014						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
						1			1	2	3	4	5
2	3	4	5	6	7	8	6	7	8	9	10	11	12
9	10	11	12	13	14	15	13	14	15	16	17	18	19
16	17	18	19	20	21	22	20	21	22	23	24	25	26
23	24	25	26	27	28	29	27	28	29	30			
30	31												

Sunday, March 2	Thursday, March 6
<i>number 7 week 14</i> Dinner (6) Vegetable Meatloaf with Balsamic Glaze (6 servings) Backyard Corn Salad (6 servings) (6 servings) Milk, fluid, nonfat, calcium fortified (fat free or skim) (6 cups) Apples, raw, golden delicious, with skin (6 medium)	Dinner (6) Turkey Meatball Soup with Greens (6 servings) Quick Hummus And Vegetable Stuffed Pitas (6 servings) Milk, fluid, nonfat, calcium fortified (fat free or skim) (6 cups) Pears, raw, bartlett (6 small)
Monday, March 3	Friday, March 7
Dinner (6) Farfalle with Sausage, Cannellini Beans, and Kale (6 servings) Tomato Bruschetta (6 servings) Milk, fluid, nonfat, calcium fortified (fat free or skim) (6 cups)	Dinner (6) Mediterranean Tuna Antipasto Salad (6 servings) Pumpernickel bread (12 slices) Milk, fluid, nonfat, calcium fortified (fat free or skim) (6 cups) Oranges (6 ea)
Tuesday, March 4	Saturday, March 8
Dinner (6) Lemon & Dill Chicken (6 servings) Black Bean-Smothered Sweet Potatoes (6 servings) Milk, fluid, nonfat, calcium fortified (fat free or skim) (6 cups) Tangerines (6 medium)	Dinner (6) Roll-Your-Own Burritos (6 servings) Bananas (6 medium) Milk, fluid, nonfat, calcium fortified (fat free or skim) (6 cups)
Wednesday, March 5	
Dinner (6) Beef and Green Bean Stir Fry (6 servings) Milk, fluid, nonfat, calcium fortified (fat free or skim) (6 cups) Bananas (6 medium)	